



UNIVERSITÉ  
**LAVAL**



# **BLOOD DONATION STUDY**

## ***QUESTIONNAIRE***

**Research Group on Behaviour  
in the Field of Health**



## DIRECTIONS TO ANSWER THE QUESTIONNAIRE

1. You may feel that a few questions are repetitive. However, it is very important to **answer all of the questions.**
2. To answer the questions, you must write a ✓ in the space best reflecting your opinion or situation.

### Example

In January, the temperature is very cold in Quebec.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

3. Take the time to read attentively each question or statement and **give the answer best reflecting what you currently think.**
4. Note that there are no right or wrong answers.
5. Your answers will remain confidential.

1. In your circle of friends, colleagues, family and neighbours, do you know anyone who has ever needed a blood transfusion?

☐ Yes  
☐ No

2. During the last three months, do you know if there has been a blood donation drive near your residence, at your workplace, or in a place which you go to regularly?

☐ Yes  
☐ No  
☐ I don't know

3. Compared to other people of your age, would you say that, in general, your health is...

☐ Excellent  
☐ Very good  
☐ Good  
☐ Average  
☐ Bad

4. Do you know one or more reasons used by Héma-Québec for refusing a blood donor?

☐ Yes ⇐ **continue on to question 5**  
☐ No ⇐ **continue on to question 6**

5. During the next six months, will any of these reasons apply to your situation?

☐ Yes ⇐ ⇐ ⇐ **continue on to question 50**  
☐ No ⇐ ⇐ ⇐ **continue on to question 6**  
☐ I don't know ⇐ **continue on to question 6**

6. I intend to give blood during the next six months.

Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

7. For me, giving blood during the next six months would be ...

[check the appropriate box for each of the following six statements (a to f)]

a)					
	Very unrewarding	Somewhat unrewarding	Neither unrewarding nor rewarding	Somewhat rewarding	Very rewarding
b)					
	Very bad	Somewhat bad	Neither bad nor good	Somewhat good	Very good
c)					
	Very stressful	Somewhat stressful	Neither stressful nor relaxing	Somewhat relaxing	Very relaxing
d)					
	Very unpleasant	Somewhat unpleasant	Neither unpleasant nor pleasant	Somewhat pleasant	Very pleasant
e)					
	Very tiring	Somewhat tiring	Neither tiring nor revitalizing	Somewhat revitalizing	Very revitalizing
f)					
	Very unsatisfying	Somewhat unsatisfying	Neither unsatisfying nor satisfying	Somewhat satisfying	Very satisfying

8. Most people who are important to me would recommend I give blood during the next six months.

Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

9. If I were to give blood during the next six months, my doctor would...

Strongly disapprove	Somewhat disapprove	Neither disapprove nor approve	Somewhat approve	Strongly approve

10. It is in accordance with my principles to give blood during the next six months.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

11. I feel capable of giving blood during the next six months.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

12. If donating blood took less time, I would give blood during the next six months.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

13. I think that it is all right for a person of my age to give blood during the next six months.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

14. I would be capable of giving blood during the next six months, even if blood donations took place in a place which lacked intimacy.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

15. If during the next six months, I did **NOT** give blood, I would regret it.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

16. For me, giving blood during the next six months would be...

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Very difficult	Somewhat difficult	Neither difficult nor easy	Somewhat easy	Very easy

17. If I were to give blood during the next six months, this ...

[check the appropriate box for each of the following six statements (a to f)]

a) would help save someone's life.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

b) would expose me to catching a disease.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

c) would help avoid blood shortages.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

d) would allow me to renew my blood.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

e) could cause me health problems.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

f) would be a gesture of generosity towards those in need.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

18. The people who are most important to me think I should give blood during the next six months.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

19. If I were to give blood during the next six months, I would be satisfied.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

20. Giving blood during the next six months would be acting according to my moral values.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

21. If my health permitted, I would give blood during the next six months.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

22. If I were to give blood during the next six months, members of my family would...

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Strongly disapprove	Somewhat disapprove	Neither disapprove nor approve	Somewhat approve	Strongly approve

23. I will give blood during the next six months.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

24. If during the next six months, I did **NOT** give blood, it would bother me.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

25. If I were given a reward (for ex.: money, cinema tickets, restaurant coupons, etc.), I would give blood during the next six months.

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely



26. A lot of the people I know give blood.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

27. I think that it is all right for a person of my sex to give blood during the next six months.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

28. Blood donating is something I rarely even think about.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

29. I would feel a loss if I were forced to give up donating blood.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

30. I really do not have any clear feelings about blood donating.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

31. For me, being a blood donor means more than just donating blood.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

32. Blood donating is an important part of who I am.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

33. I would be capable of giving blood during the next six months, even if I thought I would lose consciousness (faint) during blood donation.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

34. I will try to give blood during the next six months.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

35. If I were to give blood during the next six months, most of the people who are important to me would...

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disapprove	Somewhat disapprove	Neither disapprove nor approve	Somewhat approve	Strongly approve

36. My personal values encourage me to give blood during the next six months.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

37. I am confident that I can overcome the obstacles that could prevent me from giving blood during the next six months.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

38. If I knew how my blood was going to be used, I would give blood during the next six months.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

39. If I were to give blood during the next six months, my friends would...

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disapprove	Somewhat disapprove	Neither disapprove nor approve	Somewhat approve	Strongly approve

40. If during the next six months, I did **NOT** give blood, I would be disappointed.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

41. I believe it is appropriate for a person in my state of health to give blood during the next six months.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Strongly disagree	Somewhat disagree	Neither disagree nor agree	Somewhat agree	Strongly agree

42. If I were to give blood during the next six months, I would be happy.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

43. If I were informed that blood supplies were low, I would give blood during the next six months.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

44. I would be capable of giving blood during the next six months, even if blood drives occurred far from my residence or my workplace.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

45. I would be capable of giving blood during the next six months, even if I were afraid of needles.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

46. If I were to give blood during the next six months, I would be proud.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

47. If I were accompanied by a friend, a member of my family or a work colleague, I would give blood during the next six months.

Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely

48. Among the five people you know best, how many of them do you believe give blood?

<input type="checkbox"/> 0 person	<input type="checkbox"/> 3 people
<input type="checkbox"/> 1 person	<input type="checkbox"/> 4 people
<input type="checkbox"/> 2 people	<input type="checkbox"/> 5 people

49. Will you take into consideration the following aspects in your decision to give or not to give blood?  
[check the appropriate box for each of the following nine statements (a to i)]

	Very unlikely	Somewhat unlikely	Neither unlikely nor likely	Somewhat likely	Very likely
a) Redistributing to other people a rare resource.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Permitting a sick person to live in better health.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Doing a voluntary act.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) Reducing inequality caused by sickness.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) Contributing to the improvement of other people's quality of life.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) Expressing a personal choice.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) Correcting the injustice experienced by people with a health problem which necessitates a blood transfusion.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) Helping your fellow man/woman.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i) Affirming a personal position in favour of blood donation.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

50. How old are you? \_\_\_\_\_ years old

51. What is your sex?

- ☐ Female  
☐ Male

52. What is the highest level of education you have completed?

- ☐ Elementary  
☐ High School  
☐ College (or equivalent)  
☐ University

53. What is your current civil status?

- ☐ Single  
☐ Married or Living common law  
☐ Divorced, separated or widowed

54. What is your blood group?

- |                                     |                                       |
|-------------------------------------|---------------------------------------|
| <input type="checkbox"/> A positive | <input type="checkbox"/> AB positive  |
| <input type="checkbox"/> A negative | <input type="checkbox"/> AB negative  |
| <input type="checkbox"/> B positive | <input type="checkbox"/> O positive   |
| <input type="checkbox"/> B negative | <input type="checkbox"/> O negative   |
|                                     | <input type="checkbox"/> I don't know |

55. What are the first three characters of your postal code? \_\_\_\_\_

56. Have you ever given blood?

- ☐ No ⇐ **end of the questionnaire**  
☐ Yes ⇐ **continue on to question 57**

57. How many times did you give blood during the last **five** years?

- ☐ None ⇐ **continue on to question 59**
- ☐ Once
- ☐ 2 to 4 times
- ☐ 5 times and more

58. How many times did you give blood during the last year?

- ☐ None
- ☐ Once
- ☐ More than once

59. Do you consider that your last blood donation was an experience that was...

- ☐ Very unsatisfying
- ☐ Somewhat unsatisfying
- ☐ Neither unsatisfying nor satisfying
- ☐ Somewhat satisfying
- ☐ Very satisfying

**The questionnaire is finished!**

**Make sure you have answered all of the questions,  
before putting the questionnaire in the enclosed self-stamped and addressed envelope to:**

**Doctor Gaston Godin  
Faculté des sciences infirmières  
Pavillon Paul-Comtois  
Université Laval  
Québec (Québec)  
G1K 7P4**

**WE THANK YOU FOR YOUR PRECIOUS COLLABORATION**

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.