## **EBOLA VIRUS**

#### **A Concise Presentation**

#### By

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# INTRODUCTION

- The Ebola virus is a severe infectious often fatal disease in human and primates.
- First appeared in1976 at Nzara in Sudan and at Yambuku in the democratic republic of Congo near the Ebola river in Africa.
- > Second appeared in Africa 1989 in Reston.
- Third appeared in 2014 West Africa affecting Guinea, Sierra, Leone, Liberia and Nigeria.

- Ebola virus is called as hemorrhagic because bleeding will occur during the course of illness.
- Ebola virus causes bleeding inside and out side the body.
- Ebola strikes mainly in villages of central and west Africa but it has also spread to African cities too.

- > Ebola is a negative RNA virus.
- > There are different species of the Ebola virus.
- Reston ebolavirus was first discovered in laboratories in Reston, United States of America (USA)
- Ebola virus is responsible for viral hemorrhagic fevers like:
  - Lassa fever, Yellow fever, Marburg and Dengue fever.

### EBOLA OUTBREAK 1976-2014



# DEFINITION

Ebola virus disease (formally known as Ebola hemorrhagic fever )is a disease caused by the ebola virus in severe fatality rate, 90% affects human and non human primates.

### **EBOLA VIRUS**

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- > Ebola virus is an infectious which kill in a short time.
- > Needs a host cell to survive.
- > Considered like a non-living entity.
- > Which is a severe, often-fatal disease caused by infection with a species of Ebola virus.



### **STRUCTURE**



- Genome 19kb long.
- > Diameter 80nm; length 960nm to 1200nm.
- Four viral proteins: polymerase (L), nucleoprotein, and proteins VP35 and VP30.
- Spikes formed by GP1/GP2 Complexes (envelope glycoprotein).
- >VP24 (membrane protein) associated with envelope.

## CLASSIFICATION

- Order : Mononegavirales Enveloped, nonsegment, negative strand RNA viruses.
- > Family : Filoviridae, contains 3 genera :
- Ebola virus (1976)
- Marburg virus
- Cueva virus
- Genus : Ebola virus, named after the ebola river where it was first found.

## **MODE OF TRANSMISSION**

- > Unsterilized needles.
- Sub optical hospital conditions.
- > Personal contact.
- Through blood to blood contact.
- >Human to human transmission.
- Reusing needles and blood gloves in hospital.



 Ebola is introduced into the human population through close contact with the blood, secretions, organs or other bodily fluids of infected animals.



## **MECHANISM OF ACTION :**

- Every tissue are affected, except bones and muscles.
- > The virus creates blood clots.
- Clots goes towards internal organs (lungs, Eyeball).
- > It prevents oxygen to rise tissue.
- The virus also destroys connective tissue (affinity with collagen).



### SYMPTOMS :

- INTIAL SYMPTOMS;
- ✓ High temperature (at least 38.8c)
- Muscle, joints, abdominal pain
- ✓ Nausea
- ✓ Blood stream slow down
- ✓ Loss of appetite
- ✓ Rashes
- ✓ Increased liver enzyme activity

A hemorrhagic rash appears over entire body

# LATE SYMPTOMS:

- ✓ Vomiting
- ✓ Diarrhoea
- ✓ Coughing
- Pharyngitis
- Prostration
- ✓ Severe Vomiting Blood
- ✓ Hemorrhage



- Internal and external hemorrhages from orifices (nose, mouth, skin, eyes).
- ✓ Low white blood cell count.



### **DIAGNOSIS**:

- Diagnosing Ebola can be difficult at first since early symptoms, such as fever, are nonspecific to Ebola infection.
- Samples from the patient can then be collected and tested to confirm infection are:
- 1. Antibody-capture enzyme-linked immunosorbent assay (ELISA).



- 2. Antigen-capture detection tests.
- 3. Serum neutralization test.
- 4. Reverse transcriptase polymarase chain reaction (RT-PCR) assay.
- 5. Electron microscopy.
- 6. Virus isolation by cell culture.

### TREATMENT

- >There are no licensed specific treatment.
- Patients are Frequently dehydrated and requires oral Rehydration with solution containing electrolyte.
- > New drug therapies are bieng evaluated.
- > However there have been very recent development in preventative medication.

<sup>o</sup>Recommended care includes:

- Volume repletion
- Maintenance of blood pressure (with vasopressors if needed)
- Maintenance of oxygenation
- Pain control
- Nutritional support
- Treating secondary bacterial infections and preexisting comorbidities

### CONTROLLING THE SPREAD OF EBOLA

a. Hospitals must follow precautionary methods, such as:

- 1. Wearing gloves.
- 2. Isolating infected individuals.
- 3. Practicing nurse barrier techniques.
- 4. Proper sterilization and disposal of all equipment.
- b. Burials must be done correctly:
  - 1. No washing or touching carcass.
  - 2. Put into body bags and bury outside city.
- c. Report any questionable illness to officials.

# CONCLUSION

- > Ebola virus is extremely virulent.
- The infected organism does not have time to react to the virus.
- First symptoms appear during the critical period.
- Even though scientists have recently made
  breakthroughs there is still need for extensive research
  to find vaccines and cures for this deadly virus.



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